



Women's Health



Healix has developed an innovative, focused approach to women's health to assist women in accessing excellent advice about their health throughout their working life.

This service includes support during the menopause, advice and guidance on all aspects of female health, including contraceptive and fertility advice and treatment for female health conditions such as endometriosis.

You will have access to Teladoc Health, a 24/7 GP service where you can receive immediate advice and support for any health concerns. In addition our female members can also benefit from telephone consultations with GP's who are specialists in female health conditions for advice, treatment and onward referral where necessary. This includes help with the menopause or contraception, usually excluded from any cover in private healthcare schemes.

Women with female specific health concerns can also contact us via their helpline to speak with a nurse case manager for support and guidance. Cover may include access to remote consultations and simple diagnostics with our in-network specialist gynaecologists. Please refer to your scheme guide for benefit limits that may apply.

Women who have been referred by their GP to see a gynaecologist should contact Healix to open a claim. We will advise and guide on the cover and benefits available and direct members to carefully selected medical providers that are able to offer ongoing support and care. Our nurse case managers are available to provide support to members at any time.

Women who are concerned about a breast lump do not need to see a GP in advance but can simply call the helpline for advice, guidance and quick onward referral to a specialist for investigations and diagnosis.

Women with pelvic health conditions, such as stress incontinence, can self-refer via the helpline and we will organise a telephone assessment and treatment with a pelvic health physiotherapist.

[Discover more about how we can support you](#)