



Trusted GP care, anytime, anywhere

Available from day one of your Healix Health scheme, our virtual GP service makes it easy to get the support you need, when and where you need it.

There's no waiting and no hassle – just expert guidance, 24/7. Either by phone or video call, you choose.

Vour Health 247 Access to a doctor anytime, anywhere. The GP

Access to a doctor anytime, anywhere. The GP Consultation enables you to ask any healthrelated question to a GP who is available for you 24 hours a day, 7 days a week with a choice of either video consultation or telephone call.

Request service

Your Health 247

Our doctors can help you with many medical conditions including cold and flu symptoms, infections, anxiety, stress, allergies and provide advice on non-urgent medical conditions.

Get the care you need in minutes from the comfort of your home, at work or while you're travelling.

When can you use our virtual GP service?

When you need fast access to medical advice without waiting for your local GP

If you're managing a long-term condition and want ongoing support

If you want more control over your time with flexible 15-minute booking windows

If you want round-the-clock support from the moment your Healix Health scheme starts

What's included?

- GP consultations speak to a UK based GP by phone or video
- Expert medical opinions access second opinions from a global network of clinicians on referral by your virtual GP
- Chronic condition support get help managing ongoing health issues

- Lifestyle care support for smoking cessation, nutrition and fitness
- Prescriptions sent directly to you for delivery or collection. Please note prescription charges aren't included
- Octors' notes provided where appropriate

Take control of your health, wherever you are.







I can't praise that GP I spoke to enough for being so caring and kind. My consultation was lifesaving. I was hours away from multiple organ failure





How do I get started?

Remember: you'll need to register for the service before booking your first consultation



Log into the My Healix App Member Zone

Go to the **Health Services** section and select Virtual GP

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Select the GP service and share a bit of background on why you're booking

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Book your virtual consultation and receive tailored care

Powered by our partner Teladoc Health global leaders in virtual care.



Teladoc Health is the global leader in whole-person virtual care. With 24/7 access to trusted doctors, expert medical opinions, and ongoing support for physical and mental health, they make healthcare simple, faster and more accessible - wherever you are in the world.