

Our Cancer Care Performance Pathway

Delivering the future of cancer care today



Tackling the rising risk of cancer in the workplace



Late-stage cancer costs
112%
more than early-stage diagnosis¹

Cancer is one of the fastest-growing health and cost challenges facing employers. Almost 20 million people are diagnosed with cancer globally each year, and the cost of cancer care is forecast to increase by 11–21% annually.²

At the same time, cancer incidence in people under 50 has risen by 79% since 1990³, alongside advanced treatment journeys resulting in longer and often fragmented pathways, delaying returns-to-work and increasing employer costs.

Prevention, timely diagnosis and effective support have never been more important.

Cancer treatment in the UK is fragmented

Growing challenges in accessing timely care and managing long term recovery is contributing to poorer outcomes, longer absences and more complex return-to-work needs.

The NHS, recognised as a centre of excellence in cancer care, has developed their national cancer plan which outlines a long term vision and commitment to be delivered over the next 10 years – acknowledging how much more needs to be done to meet the rising risk of cancer.

Our Cancer Care Performance Pathway meets that vision and commitments today



Early intervention has been linked to **£14.7 million in NHS savings over four years and 10.74 additional healthy life years per patient⁴**, with equivalent gains available to employers who catch risk earlier within their own workforce.



Delivering the future of cancer care today

The Healix Health Cancer Care Performance Pathway reduces the cost of late-stage diagnosis, minimises long-term absence and provides employers with workforce-level insights.

By combining prevention, early detection, nurse-led navigation and post-treatment support, it helps members earlier and for longer than traditional treatment-only approaches, improving treatment effectiveness, bridging gaps across private and public healthcare and supporting a faster return to work.

The result is better clinical outcomes, a stronger member experience and more sustainable cancer-related healthcare spend.

The key foundations of our Cancer Care Performance Pathway

Prevention & Early Detection



An annual Health Risk Assessment, behavioural nudges, and screening optimisation drive earlier action, helping to identify risk sooner and encouraging earlier intervention and behaviour change.

Fully Connected Care



Providing members with proactive nurse-led support and access to the right treatment, in the right place, at right time, from first risk signals through to diagnosis, treatment, and living with and beyond cancer.

Evidence-based Healthcare



Cancer-specific data from our partners will provide workforce-level insight to inform wellbeing strategies, optimise benefit design, and help deliver better outcomes for members and employers.

Connected cancer care for better outcomes and experiences

1

Prevention and early detection

2

Support during diagnosis

3

Treatment therapies including prehabilitation

4

Treatment

5

Post-treatment support



1 Prevention and early detection

Awareness and prevention

NEW: Health Risk Assessments
Personalised cancer risk assessment linked to risk reduction and screening.

NEW: Behavioural nudges
Regular communications encourage healthier lifestyle choices.

NEW: Data-led risk action plans
Workforce risk insights guide targeted interventions.

NEW: Benefit and outcome data
Tracks access, experience, clinical and work outcomes.

Clear pathways to action
Connects members to screening and early intervention.

Screening

Early detection via NHS screening
Structured follow-up improves uptake and supports earlier diagnosis.

Early detection via private screening
Prompts use of employer benefits, with Pay As You Go (PAYG) where needed.

NEW: Abnormal results support
Immediate nurse guidance explains results and next steps, reducing uncertainty.

Self-referral and diagnostics

Quick GP and self-referral access
Virtual GP and direct routes speed access to appropriate care.

Diagnostic testing and nurse guidance
Clarifies abnormal screening results and supports the path to diagnosis.

Joined-up support
Reduces uncertainty and disruption from initial concern through diagnosis.

2 Support during diagnosis

Support for members with a diagnosis

NEW: Cancer Nurse Specialist
Assigned to every member from the point of abnormal screening results, whether care is delivered through the NHS, privately or across multiple providers.

NEW: Coordinated support
Through diagnosis and treatment planning, ensuring clarity and continuity.

Support for members who are carers

NEW: Cancer Nurse Specialist access
Helps members who are caring for someone with cancer to understand the diagnosis, treatment plan and support available.

Psychological support and counselling
For members caring for a loved one.

Support for employers

ENHANCED: Line manager guidance
Practical guidance to support line managers of employees affected by cancer, including:

- conversations about treatment
- managing absence and return to work
- talking to your wider team

3 Treatment therapies including prehabilitation

Physical wellbeing

Cancer exercise and movement programmes to include therapeutic yoga and pilates programmes

Daily activities to support functional independence

Prehabilitation and physical recovery support

Nutritional support and dietary management

Emotional wellbeing

Psychological support and counselling for members, whether managing their own diagnosis or caring for a loved one.

Psychosexual support

Clinical hypnotherapy

Mindfulness and meditation support

Appearance, hair loss and body image support

Specialised support

NEW: Menopause management and advice if brought on or worsened by treatment

NEW: Lymphoedema assessment and management to reduce swelling, prevent complications and support recovery.

NEW: Neuropathy support for chemotherapy-induced peripheral nerve damage

Speech and language clinic



4 Treatment

Treatment

ENHANCED Care navigation

Right care at the right time, including access to clinical trials.

NHS and private pathways

Nurse case managers can blend NHS and private services as needed, depending on scheme benefits, including:

- chemotherapy
- radiotherapy
- surgery

Precision cancer medicine

Second medical opinion

Review of medical management and discussion of options.

Advanced testing

Genomic testing for eligible stage 3 and 4, rare and treatment-resistant cancers, matching therapy to the individual



5 Post-treatment support

Living with and beyond cancer

NEW: Remain-in-work and return-to-work plans embedded in service
Personalised planning eases workplace adjustment discussions.

Long-term support continues after treatment

Members recover physically and emotionally with help including management of the side effects related to treatment or the ongoing impact of the cancer itself.

NEW: Annual Care Review

Annual appointment with a Cancer Nurse Specialist after discharge from treatment.

NEW: Extended Support benefit – £5K lifetime limit for treatment complication

Fertility preservation

Fertility preservation prior to treatment; erectile dysfunction; treatment-induced menopause; dental check-ups / treatment prior to cancer treatment.



Delivering commercial value for employers

Cancer can significantly impact healthcare costs, absence, productivity and wellbeing. With cancer-related absence costing UK employers an estimated £4.6bn each year⁵, early intervention, education and ongoing support are essential to help reduce risk, improve outcomes and support recovery. The Cancer Care Performance Pathway can help by:

- ✓ **Reducing the cost of late-stage cancer**
By identifying risk earlier and encouraging timely screening, more members can access support before symptoms progress, improving outcomes and reducing costs.
- ✓ **Lowering absence and productivity loss**
Coordinated care and structured return-to-work support helps members remain connected to work and ease their transition back following treatment.
- ✓ **Improving benefit utilisation**
Nurse-led navigation helps members access appropriate treatment and support, making the most of existing health and wellbeing benefits.
- ✓ **Reducing care fragmentation**
Our connected pathway brings together screening, diagnosis, treatment and recovery services to improve outcomes and enhance the member experience.
- ✓ **Strengthening workforce wellbeing**
Providing support during significant health challenges helps improve wellbeing, build confidence and reinforce employer commitment.
- ✓ **Utilising data to support sustainable healthcare spend**
Data insights from across the pathway optimise healthcare spend and inform more effective future benefit design.

See how our Cancer Care Performance Pathway can support your organisation

Every workforce is different, which is why our pathway is designed to be flexible.

Speak to your employee benefits consultant or your Healix Health Client Manager to explore how our Cancer Care Performance Pathway can support your organisation's needs.

Visit www.healix.com/health to find out more.

¹ [National Library of Medicine, October 2025](#)

² [World Health Organisation, Global Cancer Burden](#)

³ [Global trends in incidence, death, burden and risk factors of early onset cancer from 1990 to 2019 | BMJ Oncology](#)

⁴ [Springer Nature Report, 2025](#)

⁵ [Cost of Cancer in the UK](#)