


Health and Wellbeing Calendar Q3 2026

This calendar highlights our Health and Wellbeing content for Q3.

It's packed with webinars, blogs, awareness materials and resources, designed to support you and engage and empower your employees.

JUL


Embracing Neurodiversity

 Blog:
How to create an inclusive environment to support neurodiversity
Coming soon

Summer Skin Protection


 Member webinar:
Circle Health: Protecting your skin this Summer
22nd July 12pm
Register here

Seasonal Allergies and Health


 Blog:
Managing seasonal allergies: Simple ways to reduce impact on your workforce


AUG

Mental Health: International Youth Day

 Blog:
Top tips to attract and retain more Gen Z employees


Managing Musculoskeletal Health

 Member blog:
Back and neck pain at work: How to stay comfortable at your desk

 Webinar:
Managing MSK health
Coming soon


SEP


Urology Awareness

 Blog:
Urology health: Why early conversations matter to your team
Coming soon

National Fitness Day

23rd September

 Member poster:
National Fitness Day.

 Blog:
How to support the musculoskeletal health of your team
Coming soon