Cancer prevention & support



Personalised cancer support, for every stage of your journey

Available from day one of your Healix Health scheme, our digital cancer services gives you quick access to personalised, holistic care from experienced clinicians.

Whether you're taking proactive steps to reduce your cancer risk, managing symptoms, recovering from treatment, or supporting a loved one, we're here to help you feel informed, empowered and cared for.

When can you use our cancer care service?

If you're looking to understand and reduce your cancer risk.

symptoms and want expert reassurance.

If you're worried about

If you're looking
for emotional
or psychological
guidance alongside
clinical care

If you're interested in screening and want to know what your options are.

If you're caring for someone with cancer and need support or advice If you've recently received a diagnosis and are looking for complementary, expert support.

If you're seeking wholeperson care – physical, emotional, and practical – from experienced professionals

What's included?

If you need help

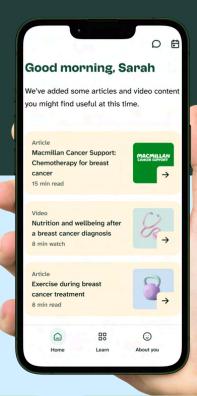
managing treatment

side effects

or recovery

- Immediate access available from day one of your Healix Health scheme, with no referral needed
- Digital prevention & risk assessment tools understand your personal cancer risk and get evidence-based lifestyle advice
- One-to-one support virtual appointments with oncology nurses, psychologists, dietitians, physiotherapists and more
- Dedicated cancer nurse specialist your consistent guide, offering continuity and expert care every step of the way
- Personalised care plans tailored to your needs, whether prevention, treatment or recovery

- Fast, secure and convenient fully confidential, high-quality care from the comfort of your home without long waits or complex referrals
- Access to over 20+ support types including physical rehabilitation, psychological care, menopause support and nutritional guidance
- On-demand expert content videos, articles and tools covering nutrition, sleep, body image, exercise, work and more
- Cancer carer support practical tools and emotional advice for those supporting someone with cancer



Take control of your cancer care – with expert support at every stage



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Such a privilege to have had access to what should be part of every cancer patient's rehabilitation. My CNS was able to assess my needs and put me in touch with experts such as physiotherapists, mindfulness coach, a menopause expert, nutritionist and psychotherapist. Each element complemented the other. Where else would you be able to get such incredible support, all virtually and all aligned?

Scan the QR code to download MyHealix App



How do I get started?

Remember: you'll need to register for the service before booking your first consultation

1

Log into the My Healix App or Member Zone

2

Go to the Health Services section

3

Choose one of two tiles:
Cancer Prevention
or
Cancer Support

4

Receive the expert guidance you need

Powered by our partner Perci Health – specialists in comprehensive digital cancer services.

Perci Health

Perci Health is the UK's leading virtual cancer clinic, create by oncology experts to deliver end-to-end personalised care. We combine digital innovation with expert-led support at every stage of cancer, from prevention and early detection to treatment, recovery and long-term wellbeing. Perci Health combines clinical expertise with innovative technology to address the physical, emotional and practical challenges of cancer at every stage of the journey.